

MS 150 PLEDGE DEADLINE

Don't forget to submit your pledges for the Frisco-Fort Worth MS 150 Bike Tour. All riders must meet the minimum \$300 pledge requirement to be eligible to ride in the 2008 bike tour.

Mail all donations to: **National MS Society, P.O. Box 4585, Houston, Texas 77210-4585.** Don't send cash through the mail and don't forget to insert your name on all checks.

TEAM MEETINGS

There will be no team meetings until the start of next year.

Periodically check the Calendar of Events for details on upcoming events.

MEET THE CITISLICKERS 2007-2008 BOARD OF DIRECTORS

Elizabeth Schopmeyer, Team Captain. Elizabeth's three consecutive years as Team Captain and Title Sponsor have been marked by CitiSlickers winning MS 150 awards for Rookie Team of the Year (2005) and Best Team Tent (2006-2007). Her entire family is involved in CitiSlickers as riders or superstar volunteers. Born and raised in Dallas, Elizabeth is a true native Texan who loves bluebonnets, pecans, and frequent escapes to visit her alma mater, Schreiner College, in the heart of the Hill Country. Elizabeth graduated magna cum laude from Texas Woman's University with a degree in fashion design. She is a Certified Financial Planner™ employed as a Financial Advisor and Financial Planning Specialist for Citigroup Smith Barney. Elizabeth and her 8-month-old Yorkie, Southbound John Russell "Hondo" Crouch Schopmeyer the First, currently live in the house next door to her mother.

Jana Diminnie, Team Lieutenant. Jana has been the Team Captain backup since CitiSlickers began. Neither brave nor energetic enough to tackle the Captain's job herself, Jana has been content to slack in the background as Elizabeth's trusty sidekick and kicking post. A native of Hawaii, Jana arrived in Dallas via England and Canada (mostly due to a poor sense of direction). She majored in history, journalism and business marketing at the University of Hawaii then attended graduate schools in England and Canada. Deciding that working for a paycheck was boring, Jana enrolled in Southern Methodist University where she earned her law degree and eventually settled into some sort of job as some sort of lawyer. She and husband, David, a Texas Instruments software engineer (math nerd), live in north Dallas where they enjoy time-share rights to Southbound Hondo, the terribly spoiled puppy.

James Herrod, Roads Director. Born in Suffolk County in the United Kingdom amidst the rolling countryside, beautiful gardens, and ultrasecret spyplanes, a young James Herrod returned to the states via Air Force bases in Florida and South Dakota before setting into his "home town" of San Antonio where he survived both junior and high

schools. He was the first in his family to graduate from college, UT-San Antonio, where he earned a degree in biology. James married college sweetheart, Stephanie Mabe, had daughter Holly the following year and adopted son Jefferson nine years later. The family now lives Glenn Heights and James teaches physics and astronomy at Red Oak High School. He is the road cyclist in the family (Jeff is the stuntman) and has been riding over four years. James looks forward to meeting everyone in the upcoming year.

Debbie Hines, Membership Director. When not riding her bike, Debbie Hines works as the Business Control Officer for Lehman Brothers in the Crescent Court. It's a fancy title for someone whose job is telling co-workers what they did wrong. Debbie is a native Texan, born and raised in Amarillo, who moved to Dallas after high school. She was a volunteer for CitiSlickers for two years before turning to the "dark" side: cycling. She can often be found on the weekends watching drag racing or Nascar, and spending time with her squad of 8 siblings. Debbie's family is also involved with CitiSlickers with her husband, Rusty, being our favorite barbecue volunteer at the MS 150 team tent and sister, Laurie Guzman, being a gutsy rider. Rusty and Debbie reside in Eules with their 4 children: Tony, 20; Joshua, 18; Desiree, 13; and Veronica, 12.

Christina Lepsis, Communications Director. Christina was a CitiSlickers rider then became a volunteer so she is very familiar with the dual aspects of our team. Christina grew up in Frisco which she has watched blossom from a sleepy town into to a major metropolis. She graduated from Texas Woman's University where she earned her degree in Fashion Design. After a brief sojourn in Colorado, Christina returned to Frisco where she lives and works with husband, Pete, as co-owners of the Amish Furniture Showcase stores. The couple are the proud parents of two girls: Jessie Jo, 3, and Addison Nicole, 17 months, who has the distinction of being the littlest CitiSlickers member. She was born weighing 1 lbs. 10oz and is now a happy, healthy 24 lb. toddler.

Business/Finance

CITIGROUP SMITH BARNEY

Elizabeth Schopmeyer, CFP®, is there for you if you need a portfolio review, investment planning or to figure out what to do with that old 401(K). Call 972.450.6604.

LAPGEVITY

Steve Lapensohn is there if you need promotional supplies for your company or cycling team. Call 972.789.1777.

CERTIFIED MASTER BUILDER CORPORATION

Skip Burks III is there if you need a referral for home construction or remodeling. Contact www.certifiedmasterbuilder.com.

DISCOVERY BACK & BODY CENTER (formerly Discovery Chiropractic)

Dr. Bahram Meymand is there if you need a snap, crackle, or pop to make you feel better. Call 972.239.1010.

ONLINE BIKING COACH

Richard Wharton is there to provide coaching and/or advice on cycling techniques. See www.onlinebikecoach.com.

ATLAS LEGAL RESEARCH

Rocky Dhir is there if you want to save on over-priced legal fees. Call 214.526.8811.

MARKETECH ASSOCIATES

It has been said, "To the Victor, go the spoils." Candidly, we don't know anyone named Victor or why he would want something that was spoiled. He may need marketing help. If you do, contact 972.960.0551.

SHINER BOCK

Is there to supply your favorite beverage. Just drink the beer with a smile.

UPTOWN CYCLING

Donovan Dawson is there to help with a new bike or an addition to your cycling collection. Visit his store or call 214.295.5325.

UPS

Brian Wharton is there for all your mailing and shipping needs.

Gossip

CONGRATULATIONS

Stephanie Bertrand earned her college bachelor's degree. Great job!

THANK YOU

All our **Sponsors** for turning in their sponsorships by the August 31 deadline!

Elizabeth Schopmeyer for continuing as Team Captain for the next fiscal year.

Jana Diminnie for continuing as Team Lieutenant for the next fiscal year.

Christina Lepsis for continuing as Communications Director for the next fiscal year.

Debbie Hines for stepping up as our new Membership Director.

James Herrod for stepping up as our new Roads Director.

THINKING OF YOU

Keith Hollar (our resident Elvis impersonator) recovering from a broken wrist after falling off his bike while preparing for the Hotter n' Hell Hundred. Elvis is temporarily out of action.

WELCOME ABOARD

Phil Heller is our latest CitiSlickers Rider. Please welcome Phil to the team when you meet him.

JULY-AUGUST MEETING RECAP

The July-August meeting was amazing! The MS Society put on a great awards show and we were there! Where were you?

EDITOR-IN-CHIEF: **E. Schopmeyer**

COPY EDITOR: **Crash D.**

EDITORIAL BOARD: **Us**

ART DIRECTORS: **Us**

MANAGING EDITOR: **J. Diminnie**

PHOTOGRAPHER: **Wizzer S.**

LAYOUT DIRECTORS: **Us**

CONTRIBUTING WRITERS: **Us**

Everything else you can think of pretty much relates back to us!

Entertainment (September-October)



Our featured ride is the Lone Star Ride Fighting AIDS benefiting three 501(c)(3) nonprofit organizations: the AIDS Outreach Center, AIDS Services of Dallas, and the Resource Center of Dallas.

The AIDS Outreach Center is the leading organization serving HIV/AIDS patients and their families in Tarrant and the surrounding counties, helping educate the public about HIV prevention, and assisting with advocacy efforts for sound HIV public policy.

The mission of AIDS Services of Dallas is to create and strengthen healthy communities by coordinating a broad range of direct services and programs, and delivering quality, affordable, service-enriched housing for economically disadvantaged individuals and families living with HIV/AIDS.

The purpose of the Resource Center of Dallas is to maintain the best possible life for individuals with AIDS/ HIV by providing vital services, reducing the spread of HIV infection through risk-reduction education, reducing fear and discrimination towards HIV and AIDS patients; and coordinating and collaborating with other agencies.

JACKRABBIT STAMPEDE

A hilarious comedy about the misadventures of a man, a woman, and a flatulent bunny. Must be seen to be believed.

Showtime: **SATURDAY, SEPT. 8**

Location: **Forney, Texas**

Director: **Forney Lions Club**

Information: <http://forney-texas.com/stampede>

AUTUMN IN BONHAM

Fall foliage and a dry wetsuit heat up the wintry Acapulco nights in this stirring melodrama by acclaimed Antarctic playwright Ben Gwynn and his longtime writing partner Sir Igor Loo.

Showtime: **SATURDAY, SEPT. 22**

Location: **Bonham, Texas**

Director: **Bonham Chamber of Commerce**

Info.: www.bonhamchamber.com/aib/autumn.htm

LONE STAR RIDE FIGHTING AIDS

How many times per year can one person endure a two-day cycling adventure? Find the answer when East (Dallas) meets West (Fort Worth) in this rousing musical extravaganza based on the compositions of Johannes Sebastian Bach.

Showtime: **SAT., SEPT. 29-SUN., SEPT. 30**

Location: **Dallas, Texas-Fort Worth, Texas**

Director: **AIDS Outreach Center, AIDS**

Services of Dallas, Resource Center of Dallas

Information: www.lonestarride.org

LIVESTRONG CHALLENGE

Move aside James Bond! Here comes 00-zero, a bumbling, inept Mensa member who finds his quiet, orderly lifestyle abruptly overturned when his gardening club trades in their spades and mulch for stealth bombers and x-ray vision bowties.

Showtime: **SAT., OCT. 13-SUN., OCT. 14**

Location: **Austin, Texas**

Director: **Lance Armstrong Foundation**

Information: <http://www.livestrong.org>

TOUR DE CURE

A beautiful, poignant coming of age story about five friends who find that adulthood involves paychecks, demanding bosses, paying bills and clipping Tom Thumb coupons.

Showtime: **SATURDAY, OCT. 20**

Location: **Fort Worth, Texas**

Director: **American Diabetes Association**

Information: <http://tour.diabetes.org>

