

BEST TEAM TENT...AGAIN!!!

For the second year in a row, the National MS Society voted CitiSlickers as having the Best Team Tent on the Frisco-Fort Worth MS 150 Bike Tour. Congratulations and thanks to **Jane Schopmeyer** ("Super-Mom") and **Mary Lynn Payne** for coordinating every aspect of the tent. Congratulations and appreciation to our volunteers and sponsors whose time, effort, skills and services contributed to our big win.



For those who missed the MS 150 experience this year, what made our tent unique was the same high spirits and energy we enjoy every year.

Team members mingled, laughed, and talked amidst the Nascar decorations. We gorged on superb food and enjoyed a raucous silent auction while drinking Shiner Bock. We had a no-talent contest featuring our good-natured sponsors that featured a surprise visit from "Elvis". Then we "robbed" the Brinks team and their armored truck!

The infectious spirit started at 8 am when the volunteers began arriving at the tent, downed caffeine and donuts, rolled up their sleeves and went to work. Kudos to **Ken-ny** and **Leslie Berg**, **Mary Cobb**, **Kathy Dann**, **Paul and Rebecca Hatfield**, **Michele Hollar**, **Lyn Houston**, **Gail Jerrigan**, **Madeleine Le**, **Michelle Mades**, **Jessica Martinez**, **Ann Moy**, **Peggy Neil**, **Jose Rojas**, **Chris Sanders**, **Sally Schop-**



meyer, and **Pat Walters**.

Our amazing food crew had been cooking for hours by the time the first rider arrived at the tent just after 11 am. Grill masters **Tony** and **Onsuree Arredondo**, **Rusty Hines**, **Sharon Knight**, **Ronnie Rahe** and **Loren Standifer**, and chef extraordinaire **Mark Jameson** turned out tasty edibles such as brisket, sausage, salmon, salad and bread pudding.



Our sponsors were alongside us having a good ole time. **Elizabeth Schopmeyer** of Citigroup/Smith Barney performed a bizarre ballet inspired by the Tour de France and **Skip Burks** of Certified Master Builder Corp. received loud applause for his Sonny and Cher celebrity impersonation. (See details in the Ride Review article below). We would have loved to have seen a clog dance on ice by Discovery Back and Body Center's **Dr. Bahram Meymand** and his wife, **Susan**, but they were busy performing chiropractic care on nearly 40 riders!

SuperMom then decided to live out her lifelong fantasy and arranged a "heist" of the armored truck parked outside the Brinks team tent. Masked by bandanas, armed with water guns, CitiSlickers outlaws descended upon a "surprised" Brinks team and successfully escaped with several hundred authentic, priceless play dollars.



TEAM MEETING Saturday, June 9

The next team meeting will be held at Robby Moy's house in Plano. Catch all the MS 150 stories you missed and visit with teammates still recovering from the MS 150 haze. See the Calendar of Events for more details.

With so much camaraderie, shenanigans and incredibly talented minds and hands at work, it is no wonder the MS 150 tent is what draws riders back to our team year after year. New member **Johnston Wu** who has participated in the country's biggest MS 150, the Houston to Austin, noted that our tent rivaled the best tents on that ride! Incredible!

We are exceptionally proud of this year's award because it marks a unique achievement for us. **Kelly Dooley**, Honorary CitiSlicker and MS Society bike tour dude, noted that we are the first team to twice win Best Tent. So everyone come on down to the MS 150 Awards Party at Gilley's on July 26 when the awards are handed out and show the team spirit that helped win the Best Tent award!

Special thanks and congrats to our first time Frisco-Fort Worth MS 150 riders who enjoyed the tent luxuries:

- | | |
|-------------------------|------------------------|
| Paul Eldridge | Cherri Rapp |
| Molly Herrick | Jan Rapp |
| James Herrod | Leslie Rister |
| Debbie Hines | Jim Seal |
| Keith Hollar | William Spencer |
| Jerry Holmes | Ed Vidales |
| Justin Kvasnicka | Shaun Vidales |
| Donny McIver | Brian Wharton |
| Larry Newman | Doris Wu |
| Brandon Proctor | Johnston Wu |
| Lou Ramon | Jane Zeman |



FRISCO-FORT WORTH MS 150 RIDE REVIEW

by Southbound Hondo Schopmeyer

Ruff, ruff. Bark, yip, bark. Growl, ruff, bark, bark. Yelp, growl.

Translation: *Saddle Source asked me for a ride review from my tiny pup perspective. I've never written an article before so I apologize if I missed anyone's name because I'm so little I can only see so much.*

THE START LINE



The Saturday pre-dawn wakeup was tough but it was nifty to see the riders at the Start Line spiffed up in their jerseys from **Lapevity**. **Christina Lepsis** and the **Junior League of Plano** volunteers were wonderful to come out so early to help us get ready and cheer us when we started off.



I met first time CitiSlickers riders **Blake Baker**, **Jason Brown**, **Brad Bedell**, **Paul Eldridge**, and **Jim Seal**. It was **Ed** and **Shaun Vidales'** second ever bike rally like me so we shared a special bond. Seeing our nutrition guru, **Andrew Vidales**, reminded me to check my burley to make sure Mommy packed my Gatorade and puppy treats.



Alex Woodall looked too cool in his Batman outfit and I chewed a copy of the elevation chart created by his dad, **Milton Woodall**, for the MS 150 ride. It was sad not to meet **Mike Schlei** 'cause everyone loves him. But I know he'll be back next year!

THE RIDE

The chip seal was bumpy and being tossed around in my burley while watching other riders made me sick. Ride Marshals **Jay Easley** and **Ed Moulthrop** rode nearby to keep me safe. They are very nice, for humans.



The wind messed up my perfectly coiffed puppy fur and made Mommy's pedaling ragged so the burley kept jerking and I got nauseous. The inside of my burley got wet so it was hard finding a dry spot on my sleeping fur to curl up on. But you can't help wind or rain.



The wind made some riders go really fast and **Matthew Dann Laurie Guzman**, **Jerry Holmes**, **Lanny Norman** and **Jane Zeman** zipped by me. I never saw **Kathy Boyett**, **Jaws Hansen**, or **Jennifer Wall** because they ride WAY too fast for my short puppy legs to catch up.

It was fun watching riders play the Roadkill game on the back of their jerseys. **Clark Harbaugh** marked off all the animals but one. I stayed away from him.



THE REST STOPS

The rain made the road slick but more importantly it made the grass wet and Hondo don't like flooded puppy port-a-potties. The rest stops were awesome though only stocked with icky fruits and Clif bars and no yummy puppy treats like meat bones. But then I was the first puppy to ride the MS 150 in a burley so maybe the MS Society will get it right next year.

I loved meeting riders who wanted to take my picture like I was a famous dog like Lassie. And I had fun spending time with my fan club prez, **Stephanie Bertrand**, who wrote in her member bio that I was her hero!



Justin Kvasnicka and his friends were super cool to me! All the girls made goo-goo eyes at **Brandon Proctor** and **William Spencer** but I thought **Molly Herrick**, **Leslie Rister**, and **Doris Wu** were just beautiful even without pretty puppy fur like me. Yip!

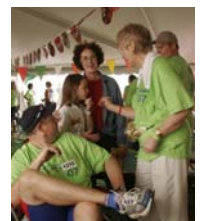
THE SAG WAGONS

I rode in TWO SAG wagons but preferred my personal GAB (Gossip & Beer) wagon - the huge, black limo. It was fun to be with CitiSlickers like **James Herrod**, **Debbie Hines**, **Keith Hollar**, **Monica McGill**, **Donny McIver**, and **Lou Ramon** who had a ball laughing, drinking Shiner Bock, and cheering on riders we passed who were still out pedaling in the rain. But I was so tired I just went to sleep.



THE TENT

The tent was SO much fun! The volunteers worked real hard to make sure everyone had fun and could relax for the next day's ride. My grandmas **Jane Schopmeyer** and **Mary Lynn Payne** are the BEST! They worked themselves to the bone (the other kind of bone, not the



ones I like) to turn the tent into a big family barbecue picnic for all decorated with the Nascar items supplied by team members like **Mike** and **Sue Baker**.

All the volunteers were super at helping and supporting my grandmas 'cause the tent is awfully hard work. **Kathy Dann, Michele Hollar, Gail Jerrigan, Michelle Mades, Jessica Martinez, Ann Moy, Peggy Neil, Jose Rojas, Chris Sanders, and Pat Walters** were so nice to come out and help! And **Lyn Houston** spent all morning working like a dog (this puppy likes her!) but she was not able to stay for the party. **Kenny Berg** and his wife gave riders a lift to the hotel and that was terrific!

I finally met Dr. Meymand and his wife, Susan, from **Discovery Back**



and **Body Center** who did a great job taking care of my team! I had my own "puppy massage" from **Darlene Hess** which really relaxed me. Wink, wink! See you next year, Darlene!

I was sorry to miss my auntie **Mary Cobb** and **Madeleine Le** at the tent because they worked hard to organize everything. But they had the important job of taking grandpa **Karl Schopmeyer** to the hospital after he fell down. He is doing good and I'm so proud of my Papa!

But Papa missed all what **Cherri Rapp** called "gourmet food." Her sister, **Jan Rapp**, was amazed at everything in the tent because she was an



MS 150 novice like me. **Tony and Onsuree Orredondo** and **Sharon Knight** did the best job on the grill along with

Rusty Hines, Ronnie Rahe, and Loren Standifer. Judy Long made more of her famous bread pudding which is the delicacy that **Lyn Kruger** looks forward to each year. **Beth Paul** loves the food and tent so much she even brought her family to join us!

The food smelled delicious and **David Dierkes** and **Greg Treece** thought it tasted even better than it smelled. **Larry Newman** is returning next year for the food because he only had a small taste before he left early. And **Randel Wright** chowed down because the tent is what he enjoys best about the MS 150 ride. But there was no tasty tent treats for Hondo! Grr-rrr!

THE ENTERTAINMENT

The "no talent" contest for the sponsors was so much fun! My Mommy, Team Captain **Elizabeth Schopmeyer**, is our title sponsor and danced ballet in her tutu accessorized by her biking helmet and shorts. Mom is crazy! I miss seeing **Brian Moran** of **MarkeTech Associates** but **Brian Wharton** from **UPS** was great and **Skip Burk** of **Certified Master Builder** did a very funny **Sonny and Cher** impersonation. **Paul Hatfield** was a superb announcer with his wife, **Rebecca**, another pretty lady for me to flirt with!



Even **Keith Hol-lar** who was riding his first MS 150 had energy to perform two **Elvis** songs. Of course, I loved "Hound Dog" best!

THE OVERNIGHT HOTEL

The hotel rooms were really luxurious and "Crash" tried her best but the check-in was kinda disorganized and they lied to her about that 24-hour room service. "Crash" promised to do better next year with the hotel rooms and I will make sure she stays on top of things.



And uncle **Doug** and auntie **Sally Schopmeyer** had fun letting my cousins play in the pool at the hotel. **Robby** and **Camiryn Moy** who were riders joined them but I stayed away

since I got soggy enough in my burley from all the RAIN.

THE FINISH LINE

The Finish Line on the second day was tough on my poor puppy paws. Mommy, **Peggy Bertrand, Jana Diminnie, Debbie Hines, and Lou and Cindy Ramon** all RAN across the finish without their bikes 'cos they were "virtual riding." And I had to run too but that was cool because I got to be lead dog!



Like the other riders, I sure appreciated **Discovery Back and Body Center** handing out clean t-shirts and cold water from **Certified Master Builder** after I crossed the finish line.

FINAL THOUGHTS

The ride was kinda scary and wet but being a part of **CitiSlickers** with the **Best Team Tent** made up for it all. And I'm the luckiest puppy to have the hardest working Mommy in the world. She takes care of everything with the team so each rider and volunteer feels welcomed and appreciated, and has a fun time.



Planning the MS 150 ride is a year round job for Mommy so can you please send her a note at Captain@CitiSlickers.org to tell her you had fun. It would really mean a lot to me to know everyone loves and appreciates Mommy the way I do!

Southbound John Russell Hondo Crouch Schopmeyer (nicknamed "Southbound Hondo") is a four-month-old toy Yorkshire terrier. He was dragged into cycling when his mom, Elizabeth Schopmeyer, brought home a "doggy burley" from the bike store. The 2007 Frisco-Fort Worth MS 150 was Southbound Hondo's second time participating in an organized bike ride.

Business/Finance

CITIGROUP SMITH BARNEY

Elizabeth Schopmeyer, CFP®, is there for you if you need a portfolio review, investment planning or to figure out what to do with that old 401(K). Call 972.450.6604.

LAPGEVITY

Steve Lapensohn is there if you need promotional supplies for your company or cycling team. Call 972.789.1777.

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Richard Wharton is there to provide coaching and/or advice on cycling techniques. See www.onlinebikecoach.com.

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Rocky Dhir is there if you want to save on over-priced legal fees. Call 214.526.8811.

MARKETECH ASSOCIATES

It has been said, "To the Victor, go the spoils." Candidly, we don't know anyone named Victor or why he would want something that was spoiled. He may need marketing help. If you do, contact 972.960.0551.

SHINER BOCK

Is there to supply your favorite beverage. Just drink the beer with a smile.

UPTOWN CYCLING

Donovan Dawson is there to help with a new bike or an addition to your cycling collection. Visit his store or call 214.295.5325.

UPS

Brian Wharton is there for all your mailing and shipping needs.

Entertainment (June)



This month's featured benefit ride is the Tour d'Italia sponsored by the Lone Star Cyclists for the benefit of such nonprofit organizations as the Italy High School Scholarship Fund, Grand Prairie Brighter Tomorrows Women's Shelter, North Texas Food Bank, Bikes for Tykes, MADD (Mothers Against Drunk Driving), and others. These charities help victims of domestic violence and alcohol-related driving accidents, provide college scholarships for rural-area students, and feed families and the homeless.

MESQUITE RODEO BIKE RIDE

A dark obsession with clipless pedals and granola bars twists a veterinarian's idyllic life into an inferno of psychological torture that could possibly lead to regular cycling and physical activity.

Showtime: **SATURDAY, JUNE 2**
Location: **Mesquite, Texas**
Director: **Mesquite Rotary Club**
Information: www.rodeobikeride.org

COLLIN CLASSIC

One man's search for the answer to the age-old question: Where am I?

Showtime: **SATURDAY, JUNE 9**
Location: **McKinney, Texas**
Director: **World Hope International**
Information: www.collinclassic.com

TOUR D'ITALIA

An Italian pizza shop owner and his wife, a spicy sausage maker, immigrate to the New World to escape persecution for promoting pizzas that contain ham and pineapples.

Showtime: **SATURDAY, JUNE 16**
Location: **Italy, Texas**
Director: **See featured ride above**
Information: www.lonestarcyclists.org



WELCOME ABOARD

Welcome aboard to our newest rider, **Brad Bedell**, who joined just in the nick of time: the night before the MS 150!

CONGRATULATIONS

CitiSlickers Riders for cycling in the MS 150!

CitiSlickers Volunteers for winning the Best Team Tent Award for the MS 150!

CitiSlickers MS 150 Rookies for tackling your first MS 150. Whether you rode 150 miles or 15 miles, you're a winner!

Kathy Boyett's son, Andrew, graduated from college in Virginia. No more tuition payments for Kathy!

Justin Kvasnicka for becoming a Top Fundraiser in his first MS 150 ride!

Alex Woodall on graduating high school and completing his second MS 150!

THANK YOU

CitiSlickers Sponsors for allowing the team to continue benefit cycling for worthwhile charitable causes!

CitiSlickers Volunteers for your time and hard work to making our team the best supported group in the MS 150!

CitiSlickers Riders for riding with our team, supporting the National MS Society and getting on your bikes!

CitiSlickers Team Captain for your endless enthusiasm, sleepless nights and dedicated service to making our team the friendliest biking family in Texas! Elizabeth, you are incredible (no, seriously, you are)!

Junior League of Plano Volunteers for waking up before the crack of dawn to assist our riders at the MS 150 Start Line.

Brad Bedell, Jay Easley, and Ed Moulthrop for serving as Ride Marshals on the MS 150.

Christina Lepsis for coordinating the volunteers at the MS 150 Start Line.

Bahram and Susan Meymand, Rusty Hines and Loren Standifer for coordinating and helping at the second day MS 150 finish line.

Jane Schopmeyer and Mary Lynn Payne for coordinating the hilarious doings at the MS 150 team tent.

Milton Woodall for the great elevation charts for the MS 150.

THINKING OF YOU

All CitiSlickers MS 150 participants because the Riders' backsides still hurt and the Volunteers ears still hurt from listening to all the Riders' complaints about their sore backsides.

Stephanie Bertrand aggravated her knee problems on the MS 150 but is recovering with loud complaints.

Dr. Bahram Meymand for the incredible strength to perform his magical snap, crackle, and pop on 37 CitiSlickers riders at the team tent.

Mike Schlei on the passing of his mother. We're thinking of you Mike and keeping you and your family in our thoughts.

Karl Schopmeyer fractured his hip on the MS 150 but recovering very well and looking forward to riding again.

Southbound Schopmeyer got sick from the pizza unknowingly fed to him the night before the MS 150 ride and nauseous on the MS 150 ride from being tossed around on the chip seal pavement. He is recovering well with help from chew toys.

Milton Woodall starting four years of tuition payments to a private university for his son **Alex**.